From the Principal’s Desk

Welcome Barbeque

Thank you to everyone who attended the BBQ on Monday night. It was a terrific to have so many families come along and enjoy the BBQ and visit their child’s classroom. Thanks to Graeme & Danny for cooking and Cathy for organising the catering and setup.

Det—Emergency Texting Service

The Department of Education will be providing schools with a free emergency texting service. The service will give schools the ability to send text messages to parents & guardians in the case of an emergency. To ensure this service will work effectively, it is imperative that families keep the school informed of changes to phone contact details.

Parking

I am aware that parking can be an issue around the school during drop off and pick up times, but I ask parents to be vigilant and park in the appropriate areas. The disabled car park and bus parking zone are randomly checked by COGS parking officers and persons parking in these areas will be issued with an Infringement Notice.

CSEF—You Could Be Missing Out on $125.00!!!

If you hold a health care card or pension card you may be eligible for $125.00 towards your child’s camp, excursions and sports. All you need to do is complete the CSEF application and return it to the school office. Applications forms must be lodged together with a copy of your pension/health care card, if you have any queries please contact Cass or Narelle in the office.

Chickenpox

There has been a confirmed case of chickenpox within the school and parents are urged to keep an eye on their children for symptoms. Chickenpox is an extremely contagious condition and any child with chickenpox will be excluded from school. It is important to note that it is possible for your child to contract chickenpox even if your child has been immunised.

Head Lice

We know that head lice are often a problem in schools, particularly Primary Schools and I understand the frustration that parents feel when infestations continue to occur. I would like to remind all families of the following:

Head lice do not have wings or jumping legs so they cannot fly or jump head to head—they can only crawl.

At school we reinforce our rule of not touching other students—this helps to minimise the spread of head lice.

We ask all families to regularly check their children’s hair for signs of lice and / or eggs.

Any students at school found to have live lice will need to be collected from school.

Students can return to school the day after treatment has begun.

Bell Times

We now have new bell times 8.50am school commences, 10.40—11.10am Recess, 12.50—1.35pm Lunch, 3.15pm students return to homerooms and 3.30pm dismissal.

Foundation—Please Note the Last Wednesday Off School Will Be the 2nd of March

Foundation students will have the following Wednesdays off school so they don’t get so tired and allow individual assessments to take place:

Wednesday February the 24th.

Wednesday March the 2nd.
Blue Light Disco in Mooroopna

When: Friday, February 26
Where: Hub, Seniors Hall in Mooroopna, entrance via Morrell St (next to the library)
Time: 6.30 – 9.30 in the evening
Cost: $8.00 per child

For ages 7 – 14 years, no drugs or alcohol allowed, no pass-outs.
For further information contact Mooroopna Police on 5825 4131, or Ian Saunders on 0413 320 996

CONGRATULATIONS TO THIS WEEK’S BEE AWARDS WINNERS:

Year 6    Shanae Miller for her enthusiasm in completing all tasks.
Year 5    Tara Jones for demonstrating excellent classroom behaviour and a high level of motivation in both writing and maths.
Year 4    Charlie Nicholson for always completing set tasks on time and following all classroom rules.
          Reagan Garnsworthy for being a role model for others and always trying her best.
Year 3    Alex Macrae for always following the Golden Rule and being on task.

Year 2    Holly Durward for persisting with her work and being successful in writing.
Year 1    Liam Wright for trying his best at every learning task and being a great friend to his classmates.
Foundation Brooke Barrette for using good manners in the classroom.
          Lexie Morritt for using a capital letter at the beginning of her name and lower case letters for the rest.
Music     4/5D for bring persistent in learning new concepts.
Art       Foundation A for working hard to create beautiful mosaics!
Library   Year 4/5D for insightful responses to the text and excellent borrowing skills.
          Foundation Y for entering the library correctly

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eNEWSLETTERS
I wish to have the school Newsletter emailed each week:

FAMILY NAME: _______________________________________________________
EMAIL ADDRESS: _____________________________________________________
2016 Welcome Barbeque
Last Friday Mrs Goodwin’s Bee Token Shop was open for business for the first time of 2016. Students receive them “Bee” tokens for a variety of tasks and positive behaviours and have the chance to exchange them for all of items ranging from stationary, balls, small toys and even a special morning tea or lunch with a friend.
The Foundation students were very excited to spend their tokens and had a wonderful time shopping.
GUITAR & KEYBOARD LESSONS IN 2016
Cliff Doornkamp will be conducting both guitar and keyboard lessons at the school in 2016. Lessons are held each Tuesday with individual lessons lasting 20 minutes. The cost is $17 per lesson (payable at time of lesson). For more information, please contact Cliff Doornkamp on 0474 769 963. Please complete details below and return to the school office to express your interest.

Name ___________________________________________ Grade ________ Room _______________

Guitar □ Keyboard □ Parents Signature ____________________________ Phone ____________________

Positive Parenting Telephone Service
This Program is offered to parents, grandparents & carers of children aged 2 – 10 years

Our ten week program aims to assist you to:
*Develop a stronger and more positive relationship with your child/children
*Manage everyday behaviour problems
*Set rules & limits
*Teach new skills
*Developing behaviour strategies

Through our service you will receive a workbook and weekly phone calls with a parent educator. All of this can be done from the comfort of your own home at a time that suits you.

Interested?
For more information or to enroll phone
FREECALL 1800 880 660
ENROLMENTS TAKEN ALL YEAR ROUND

Mooroopna Fire Station are seeking quality new and used goods from the community to auction off on the 25th of March to help raise funds for the Royal Children’s Hospital.

Drop off times are from 10:30am to 5:30pm at the Mooroopna Fire Station on the 25th of March or can arrange pickup.
We are also looking for volunteers to help door knock.
For more information, please contact Leigh on 0427 393 710
Treating and controlling head lice

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice
Head lice have been around for many thousands of years. Anyone can catch head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only thrive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dark brown, but can’t be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

Step 1: Comb any type of hair conditioner on to dry, brushed (untangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

Step 2: Now comb sections of the hair with a fine tooth, head lice comb.

Step 3: Wipe the conditioner from the comb onto a paper towel or tissue.

Step 4: Look on the tissue and on the comb for lice and eggs.

Step 5: Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Treating head lice
Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under ‘Finding head lice’) every second day until there are no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair. If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- Pyrethrine
- Synthetic pyrethroids (permethrin, bicoletrin)
- Organophosphates (malathion or malathion)
- Herbal with or without natural (non-chemical) pyrethrin.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the treatment and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will ‘pop’ when squashed between fingernails.

Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be admitted to school or children's service centres after treatment has commenced. The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information

The following website offers further information:

What is on at Mooroopna Education & Activity Centre for February 2016.

1st February - 7th February
1st February - Kikit Dance Classes 4pm with Kristy Hussey
2nd February - Craft Card 1pm – 4pm 1st & 3rd Tuesday of the month
   - Even Stitchers 1pm-4pm 2nd & 4th Tuesday of the month
   - Art Gold coin donation 10am – 12noon
4th February - Wednesday Craft 9am – 12noon every week $2.00

8th February – 12th February
9th February to 1st March - Computers for Beginners 9.30pm – 12.00pm $100

15th February – 19th February
15th February – iPad for Beginners 9.30am-11.30am $35.00

22nd February – 26th February
26th February - Mooroopna Blue Light 7pm-10pm

Exercises classes have already started but you can come along at any time we have Tai Chi/Qigong, Healthy Hearts, Circuit, Men’s class, Strong Moves, day and evening classes and many more.

MEAC are agents for V/Line tickets.

For these and any other enquires please contact MEAC on 58251774.
JUNIOR TOURNAMENT
ROUND ROBIN DOUBLES

Date: Sunday 21st February 2016
Venue: Mooroopna Hard courts/Grass courts
Time: Register 8.30am for 9am start
Entry Fee: $10.00 per person  **Please pay on the day**  Cheques to be made payable to Mooroopna Lawn Tennis Club Inc

Entries to Mark Mills: email mkmills11@gmail.com
Phone 0429 307 373
Closing Date: Thursday 18th February 2016
SHEPPARTON BADMINTON ASSOCIATION INC
JUNIOR COMPETITION

When: Competition takes place in terms 2 and 3 of the school year on Friday nights from 4pm to 6:30pm. Register and free practice before the Easter holidays.
How Much: $80 covers all court hire and shuttle use.
Where: Here at the Shepparton Sports Stadium.
Who: For Primary and Secondary students.
Teams: Make up your own team or we will find you a place in a team.
Racquets: Yes we can lend you a racquet.
Further Information: Like us on Facebook or drop in and see us at the Stadium on Friday 18th March from 4pm to 5:30pm. Phone 0467 824 247 and ask for a junior registration form.

BERRY STREET
Post Separation

Co-Operative Parenting Program
3 Hour Seminar to help separated parents have healthy and strong relationships with their children.

Seminar includes:
Ways of communicating with the other parent, Impact of separation and conflict on children, Setting goals for future Parenting
Once participants complete the Intake Process they are registered to attend the seminar.
To register or for more information please contact:
Berry Street, Post Separation Services. Phone 5822 8100

ACT NOW
Acceptance Commitment Therapy and Mindfulness Coach
Geoff Newman 0459 417 363
Coping Strategies for Anxiety, Depression and Stress. Adults, Adolescents, Children.
Room 1. Paul Wickham’s Pharmacy Mooroopna
Play netball at Tatura in 2016
Training & team selections to play for Tatura in the Shepparton Netball Association Saturday competition in 2016 are fast approaching!
Join a friendly, competitive, community-based club that encourages leadership & excellence in netball.
Training & team selections will be held on 25 February, 1 March, 3 March, 8 March & 10 March at the Tatura netball courts, Hastie Street, Tatura at 6.00 pm.
11 & Under and 13 & Under Primary age groups.
Registration on 25 February.
All abilities welcome.
Parents & prospective coaches & team managers are most welcome.
Everyone plays at Tatura!
Contact Simon Pogue for more details.
Cricket Shepparton
U12
ALL GIRLS
T20 Blast
Competition

Starts- Wednesday 24th February 5.30pm, each Wednesday night for 4 weeks, ending Wednesday 16th March.

Time: Games start at 5.30pm take approx. 1 hour and 30 mins to play

Location: Kialla Recreation Reserve Oval 2 (back oval) Kialla

Teams: Teams of 8 Girls- can be a combined school/club/community team

Uniform: School/club Tshirt, sport shorts, hat and sport shoes. Please remember a drink bottle & sunscreen:

Cost: $10 per child, covers insurance the 4 weeks of competition.

To enter a team or for any more information please contact Cricket Shepparton T20 Blast Coordinator Alana Baldi- alana.baldi@hotmail.com.au or Cricket Shepparton Junior Coordinator Steve Dalitz stevendalitz68@gmail.com

MILO T20 Blast gives girls the opportunity to play fun games of cricket in an active and social setting.

✔ Exciting atmosphere complete with music just like the KFC T20 Big Bash League
✔ Everyone gets a chance to bat, bowl and field
✔ Games are played at one venue
✔ Girls only teams
✔ Inclusive of children with a disability
✔ Fun and safe environment
✔ All equipment supplied, including a soft ball
✔ Delivered by accredited coaches