FROM THE PRINCIPAL’S DESK.

WEDDING NEWS

Congratulations to Andrew King and his fiancé Megan who will be married this weekend and also to Alicia Ritchens and her fiancé Jamie who we will married next weekend. We wish them all the very best.

HEADLICE

We know that head lice are often a problem in schools, particularly Primary Schools and I understand the frustration that parents feel when infestations continue to occur.

As part of our regular Policy cycle, we are currently reviewing our head lice policy and procedures and these were discussed at our School Council meeting last night. There will be a further review at our next meeting early in Term 2, and in the meantime I would like to remind our families of the following:

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head – they can only crawl.
At school we reinforce our rule of not touching other students – this helps to minimise the spread of head lice.

We ask all families to regularly check their children’s hair for signs of lice and / or eggs.
Any students at school found to have live lice will need to be collected from school.
Students can return to school the day after treatment has begun.

SPORTS AWARD

The Mooroopna Kiwanis Club are awarding two Year 3-6 students (one male, one female) a Sports Award to the value of $100. Students who wish to apply for this award need to write a brief letter to Mr Rogers outlining why they believe they qualify for the award (younger students may find it easier to write dot points). Entries MUST be handed to classroom teachers by 8.50am Monday, 23rd March.
Late entries cannot be accepted.

EASTER BONNET PARADE

On the last day of term we will be holding our annual Easter Bonnet Parade at 9.00am.
Children are to make their bonnets at home. This is also an out of uniform day for students with a gold coin donation only. If out of uniform, students must wear appropriate clothing, which means no open toed shoes, thongs or singlets.

PARENT TEACHER INTERVIEWS

A reminder that interview request forms need to be returned as soon as possible.
Details of allocated interview times will be sent home next week.

MORNING TEA

Congratulations to Charlie Nicholson on being the first student for 2015 to save 50 “BEE” tokens to purchase morning tea with Mr Rogers. Well done Charlie!
CONGRATULATIONS TO THIS WEEK’S BEE AWARDS WINNERS:

Year 5/6
Jye Bazeley for having a go at everything on camp and being a great team member.
Byron Saunders for having a go at everything on camp, being a great team member and pushing through the pain.
Charli Law for having a go at everything on camp and being a great team member.

Year 4
Zoe Burns for consistently following the Golden Rule and displaying our school values.
Jada Madgwick-Lea for persisting with her writing and producing terrific quality work.

Year 3
Alanah Collyer for using interesting sentence starters in her writing pieces.
Noa Law for planning and writing interesting stories.

Year 2
Year 2 for continuing to work well and for being such great helpers while Mr Fenton was away.

Year 1
Logan Falla always trying his best in everything he does.
Charley House for working hard in class.

Foundation
Sophia Gray for always following classroom rules.
Jasmyn Garnsworthy for always following classroom rules.

Art
FY for their great efforts in the Art room.

Music
Year 1 Hippos for being Motivated, Persistent and Successful in the Music Room.

PARENTS CLUB NEWS

EASTER BONNET PARADE
At 9 am assembly next Friday 27th March, last day of Term 1, we will be holding our annual Easter Bonnet Parade. Students will be able to parade the Easter Bonnets that they have made at home. A student from each class will be awarded a prize for the most creative bonnet.

EASTER RAFFLE
We ask that every family donates chocolate Easter eggs or soft toys. Donations can be left at the office. Donations of baskets for the hampers would also be greatly appreciated.
The hamper winners will be announced at the Easter Bonnet Parade, which will be held next Friday.
YEAR 5/6 CAMP 2015

By Nicola Brown

Last week the excited 5/6s went to Camp Nillahcootie. When we got there, the three friendly staff members, Peta, and the two Dave’s, showed us where everything was. After they put us into four groups, we went off to do some activities. There was:

**The Flying Fox**- The flying fox was a long piece of rope that was attached to a massive tree then came down a hill to some posts. The instructor for that was Dave. He carefully strapped you in, making sure everything was safe and secure. Then two people pulled strongly up the hill to the tree, then let you go. If you went upside-down, then you got points for the group you were in. The flying fox was awesome!

**Rock Climbing**- Near the entrance of the camp stood a very tall rock climbing wall with a painting on it. The rocks down the bottom were nailed to the wall whereas the ones near the top moved around to make it harder. The instructor for that was the other very friendly Dave. He put your harness on and then up you went. Most people made it to the top, but sadly, others didn’t. But at least everyone was happy. The rock climbing wall was super fun, and I think everyone else would agree!

**Canoeing**- Over at Lake Nillahcootie there were a heap of canoes lined up. Everyone could see them as we walked over there with Peta. She told us how to put on our PFDs, (Personal Floating Device), and then grabbed a paddle each. Then we partnered up and hit the water. I found it hard to get going, whereas others found it easy. Then we played a game where we had to try fit all the team members into one canoe. Only one group succeeded. Then it was time for a free swim, (in our shoes!) Canoeing was pretty good, although the water was cold!

**Team Challenge**- On the last day it was time to do the biggest event, the Team Challenge. First you had to start on the other side of a jump, then when Dave said go, all the team had to get over it. Then the team had to get across a swinging rope. Then once all the team was across, the team members had to lift each other over a wall. It was pretty hard. Then we had to get across swinging tyres, another jump, then up a wide, wooden ladder. Once the team was across the finish line, they finished up with 10 star jumps. It was very close. Team 3 came first with 4:55 minutes, team 1 finished 4:58 minutes, team 2 with exactly 5:00 minutes, and last but not least, team 4 with 5:04 minutes. We had lots of fun with that!

It was a sad time leaving Camp Nillahcootie, but it sure was fun. I’d like to thank Peta and both Dave’s for a fantastic time!
Hi Everyone

The fifth National Day of Action against Bullying and Violence will be held on Friday, 20 March 2015. This annual day provides a focus for all schools to say Bullying. No Way! and to strengthen our existing everyday messages that bullying and violence at school are not okay at any time. All students have worked hard to develop clear messages across the school that indicate that bullying is not OK at MPS. Congratulations to everyone for their great work below.

What to do if your child is being bullied

Talk with your child
Discuss strategies with your child and set a short period of time to see if they can resolve the situation if they want to try to deal with the bullying themselves.

Encourage your child:
- to walk away
- to try to act unimpressed or unaffected
- to use other strategies to diffuse the situation (e.g. agreeing in an offhand way with the bullying when they say offensive or negative things – known as fogging)
- to say 'No!' firmly
- to talk to the teacher or other staff, e.g. school guidance officer.

Talk to your child about the tips and advice offered on the student section of this website. If the bullying continues or increases, contact the school.
Give them the Kids Helpline telephone number and web address to use if they ask to talk to someone other than the school, or you don't feel able to support them.
Encourage your child to talk about what happened. Tell your child that reporting the bullying is okay. Assure your child that it is NOT their fault.
Help your child to learn new ways to relate to the other child.
Talk to your child about acting confidently even when they don't feel it.
Practise these strategies with your child to help them to:
- stand and walk in a way that appears more confident
- give a quick reply to surprise or disarm the other child
- use a routine response (e.g. okay, whatever) that implies that the child is not bothered.

Di Boulton
Community Development Officer
0428 252 060
PARENT TEACHER INTERVIEWS

The Parent/Teacher Interviews are scheduled for Thursday April 16th and Friday April 17th. Please fill in your preferred time on the form below indicating your preferred interview time and return it to school by **Thursday March 26th, 2015**. Appointment times will be allocated in order of receipt of these slips. Your child will then bring home an actual confirmed interview time.

**FAMILY NAME ____________________________________________**

Please enter the name of your child/children and their teachers name/s and provide your preferred interview time slot via indicated preferences 1, 2 and 3.

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(Office Use Only)
YOUR GUIDE TO THE SCHOOL DENTAL PROGRAM AT GOULBURN VALLEY DENTAL SERVICE.

WHO CAN USE THE SCHOOL DENTAL SERVICE (SDS)?
- All primary school children in grades prep to six
- All children enrolled in Special or Special Development Schools
- Children in years seven to twelve whose parents hold a current Concession or Health Care Card
- All children aged 2-17 years of age eligible for the Child Dental Benefit Schedule (Funded by Medicare)

WHAT TYPE OF CARE IS OFFERED?
- Examinations (check ups)
- Treatment, including:
  - Dental sealants to prevent decay
  - Application of fluoride
  - Fillings
  - X-rays
  - Extractions

WHO PROVIDES THE TREATMENT?
- All general treatment is provided by Dental Therapists
- More complex care is performed by Dentists

HOW OFTEN CAN I USE THE SDS?
- Once enrolled, your child will receive a notice of offer every 12 or 24 months according to their identified risk status.
  - Low Risk: Children at low-risk of dental disease will be contacted every 24 months
  - High Risk: Children at high-risk will be contacted every 12 months

WHAT DOES IT COST?
The service is free as well as Medicare Bulk Billing

HOW TO MAKE AN APPOINTMENT FOR YOUR CHILD?
Please have your P.C/C/H.C.C (if applicable) and your Medicare card available and contact Goulburn Valley Dental Service on telephone 58 323 006 between 8.30. and 5 pm, Monday to Friday. Your child will not be placed on a waiting list for dental care.

WORLDS BEST JUNIOR TENNIS HERE IN Shepparton & Tatura.
FREE ENTRY

Calling all tennis fanatics.
Our next generation of tennis champions will be in town shortly; 8-13 April (see flyer below).

Also, FREE ANZ Hot Shots Day SUNDAY April 12; 11-3pm, next to the Lake. ANZ Hot Shots activities, Inflatable Speed Serve and Twister.
All Welcome.

Please come along and support this event in your town.
Remember its FREE.

Goulburn Valley Dental Service
Graham St
Shepparton 3630
Dental Reception Phone: 58323 050

MOOROOPNA HOCKEY CLUB

2015 SEASON REGISTRATION/ FAMILY FUN NIGHT

Tuesday 14th of April 2015 at the Coulson Centre,
Mooroopna Secondary College in Echuca Road
Mooroopna, 5.30pm - 7.30pm

FREE SAUSAGE SIZZLE
Come and meet the players
Join in some games/activities
Mum and Dad welcome to join in and have some fun

For queries please phone:
Narelle ROBERTSON: 0400 151 715
Lindy CARDAMONE: 0438 313 542
Anne FORSTER: 0411 887 316
Treating and controlling head lice

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice
Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice direct from hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice
Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can’t be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

Step 1: Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

Step 2: Now comb sections of the hair with a fine tooth, head lice comb.

Step 3: Wipe the comb from the comb onto a paper towel or tissue.

Step 4: Look on the tissue and on the comb for lice and eggs.

Step 5: Repeat the combing for every part of the head at least four or five times.

Testing resistance
Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethrins (permethrin, bioallethrin)
- organophosphates (malathion or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice eggs
Head lice eggs are small (the size of a pinhead) and oval. A live egg will ‘pop’ when squashed between fingernails.

Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations
According to the Public Health and Wellbeing Regulations 2006, children with head lice can be readmitted to school or children’s service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children’s service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice
Check your child’s head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information
The following website offers further information:
Please Support Our Newsletter Sponsors

Mooroopna Newsagency
84 McLennan Street, Mooroopna
Phone: 03 5825 2020 Fax: 03 5825 3345
moooropnanews@mcmedia.com.au
ANDREW & TONI JONES

McLennan Street Dental
10 McLennan Street, Mooroopna 3620
Phone: 03 5825 4418 Fax: 03 5825 4423
Email: mclellanstdental@gmail.com Website: www.mclennandental.com

GEOFF REED Electrical Services P/L
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Veron Vittles
Cafe & Takeaway
36 McLennan St, Mooroopna
Telephone: 5825 5903
OPEN 7 DAYS

Michelle Adams
Accounting and Taxation Services
Michelle Adams
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4 Victoria Ave
PO Box 105
Mooroopa VIC 3629
Mobile: 0419 157 819
Email: michelle@michelleadams.com

Catherine Colliver
Call For A Free Quote
0432 674 093

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54 McLennan Street, Mooroopna VIC 3629
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Email: info@gvfancydress.com.au

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Email: topsmop@topsmop.com.au

Mooroopna Mitre 10

Mooroopna Glass

Cafe 3629
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Jaron Lenon: 0412 947 759
Lisa Lenon: 0499 251 745
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